**CAPSTONE DIRECT SERVICE LEARNING PROJECT IDEAS**

Revised October 2011

*agency needs and minimum age requirements subject to change; be sure to get confirmation from the agency's volunteer coordinator before embarking on a project*

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| **DIRECT SERVICE** | **AGENCY** | **WEBSITE or CONTACT INFO** | **VOLUNTEER RESPONSIBILITIES** | **MIN. AGE** |
| Animals | Animal Aid | www.animalaidpdx.org | Clean cat areas and socialize cats | w/adult |
| Animals | Cat Adoption Team | www.catadoptionteam.org | Clean cat areas and socialize cats | w/adult |
| Animals | The Oregon Cat | www.theoregoncat.org | Clean cat areas and promote adoption and cat food donation drives at area pet stores | Inquire  w/agency |
| Animals | Greyhound Pet Adoption NW | www.gpa-nw.org | Wash greyhounds | Inquire  w/agency |
| Animals | Rabbit Advocates | www.adoptarabbit.org | Take rabbits to public locations for adoption; help pack "Bunny Best Bites" for fundraiser | w/adult  12 |
| Animals  People with Disabilities | Happy Trails Therapeutic Riding Center | www.happytrailsridingcenter.org | Clean stalls and groom horses; potentially work with disabled clients (West Linn) | Inquire  w/agency |
| Animals  People with Disabilities | Forward Stride Therapeutic Riding Center | www.forwardstride.org | Clean stalls and groom horses; potentially work with disabled clients (Beaverton) | 12 |
| Animals  Environment | Audubon Society | www.audubonportland.org | Work parties to build and renovate bird sanctuaries | Inquire  w/agency |
| Children | Bikes for Kids | www.communitycyclingcenter.org | Clean bikes | 13 |
| Children | Schoolhouse Supplies | www.schoolhousesupplies.org | Organize and stock donations | 14 |
| Children | Northwest Children's Outreach | www.northwestchildrensoutreach.org | Pack up donations (diapers, clothes, food, etc) for children in need on Mon, Tues or Wed nights (various locations) | Inquire  w/agency |
| Community | Graffiti Buster | www.nwnw.org | Clean up and paint out graffiti | w/adult |
| Families in Need | Ronald McDonald House | www.rmhcoregon.org | Make meals, bake cookies, help around the house (2 locations) | w/adult |
| Families in Need | Sunshine Pantry | www.sunshinepantry.org | Unloading supplies, stocking shelves | Inquire  w/agency |
| Environment | Raindrops to Refuge | www.raindrops2refuge.org | Protecting Sherwood's watershed | open |
| Environment | Tryon Creek State Park | www.tryonfriends.org | Pulling ivy | 14 |
| Environment | Friend of Trees | www.friendsoftrees.org | Plant trees (Nov-April) | Inquire  w/agency |

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| Environment  Health and Wellness | Portland Memory Garden | www.portlandmemorygarden.org | Garden work parties 1st and 3rd Saturdays of each month | w/adult |
| Environment  Homelessness | Habitat for Humanity Restores | www,pdxrestore.org | Stock reusable building materials at warehouse; sales benefit Habitat for Humanity | Inquire  w/agency |
| Homelessness | Good Neighbor Center Family Shelter (Tigard) | www.goodneighborcenter.org | Prepare and serve dinner | w/ adult |
| Homelessness | Human Solutions Warming Center | www.humansolutions.org | Sort clothing, distribute food and play with children at sleeping space for families in need (opens November 1) | w/adult |
| Hunger | Beaverton's Giving Garden | www.tvgleaners.org | Gardening, making paths, etc. | 13 |
| Hunger | Blanchet House | www.blanchethouse.org | Serving food | 13 |
| Hunger | Neighborhood House | www.nhpdx.org | Organize emergency food boxes 1st and 3rd Tuesday of each month; help with sorting foods at other times | w/adult |
| Hunger | Oregon Food Bank | www.oregonfoodbank.org  www.handsonportland.org | Special Hands On Portland orientation and work party one Tuesday evening each month; off site pantry stocking events on some weeknights | 13 |
| Hunger | Portland Community Gardens | www.portlandparks.org | Gardening, making paths, etc. | 13 |
| Hunger | Potluck in the Park | www.potluckinthepark.org | Serve meal on Sunday afternoon | w/adult |
| Hunger | Transitions Projects Inc | www.tprojects.org | Prepare and serve meal at one of three shelters (Doreen's Place: 90 men; Clark Center: 90 men; Jean's Place 50 women) | w/adult |
| Hunger | Zenger Farm | www.zengerfarm.org | Work party | 13 |
| Hunger  Teens in Need | Home Plate Youth | www.homeplateyouth.org | Prepare and serve dinner on Thursday nights to youth who do not have a stable place to live (Hillsboro) | w/adult |
| Literacy | Children's Book Band | www.childrensbookbank.org | Clean, sort and package books for distribution | 13 |
| Literacy | Your Local Library | Contact your local library | Organize books, read to children, etc. | Inquire  w/agency |
| People with Disabilities | Rhone Street Group Home | www.albertinakerr.org | Activity night: games & projects with adults with developmental disabilities | 14 |
| Safety | GirlStrength Self Defense | www.portlandonline.com/  police/girlstrength | Organize a self-defense class for girls ages 10-14. | Inquire  w/agency |
| Seniors | Jewish Family and Child Services | 503 226-7079 x 113 | Be a friendly visitor to a Senior | w/adult |
| Seniors | Robison Home | www.cedarsinaipark.org | Visit with Seniors; play instrument, sing, dance, etc. | Inquire  w/agency |

**CAPSTONE INDIRECT SERVICE LEARNING PROJECT IDEAS**

*Almost every agency encourages donation drives or fundraising efforts;*

*here are just a few "unique" ideas for students interested in doing something off-site that benefits an organization and its clients*

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| **INDIRECT SERVICE** | **AGENCY** | **WEBSITE or CONTACT INFO** | **VOLUNTEER OPPORTUNITY** |
| Adults in Need | MacDonald Center | www.macdcenter.org | Provide support to Portland's poor by sponsoring a monthly birthday party or making birthday cards |
| Animals | The Pongo Fund Pet Food Bank | www.thepongofund.org | Organize pet food drive |
| Children  Crafts | Binky Patrol | www.binkypatrol.org | Make blankets for ill, abused or neglected children |
| Children  Crafts | Project Linus | www.projectlinusoregon.org | Make blankets for ill, abused or neglected children |
| Children's Health | Candlelighters for Children with Cancer | www.4kidswithcancer.org | Organize a "Coins for Candlelighters" drive |
| Children's Health | Make a Wish Foundation of Oregon | www.orwish.org | Create your own fundraiser using the website's "Kids Helping Kids Philanthropy Program" to grant wishes to children with life-threatening conditions |
| Families in Need | Community Warehouse | www.communitywarehouse.org | Organize a collection drive using the websites "Community Collects Information Kit" |
| Families in Need | Impact Northwest | www.impactnw.org | Organize a diaper drive |
| Israel | Jewish National Fund | www.jnf.org/support | Come up with an original fundraiser idea that matches the focus of one of the many "mitzvah projects" listed on this site |
| Hunger | Share our Strength Great American Bake Sale | www.strength.org | Organize bake sales to benefit Share our Strength, a national anti-hunger campaign |
| Homelessness | JOIN | www.joinpdx.com | Organize a blanket drive for homeless individuals |
| Homelessness  Teens in Need | Janus Youth Projects | www.janusyouth.org | Drop off meals at central office for 1 or 2 teen shelters (30 or 60 people) |
| Teens in Need | Abby's Closet | www.abbyscloset.org | Collect prom dresses for low-income teens |
| World Health | Nothing But Nets | www.nothingbutnets.net | Organize a basketball free throw contest with sponsors; funds purchase bed nets to fight malaria in Africa |
| World Health | Global Soap Project | www.globalsoap.org | Learn how to be a Regional Coordinator (contact large hotels, collect used soap and ship to factory to be made into new soap for vulnerable populations around the world) |
| World Poverty | Bead for Life | www.beadforlife.org | Host a bead party in which guest purchase jewelry made by Ugandan women helping them move out of poverty |