

IDENTITY BRAINSTORMING

Directions: Fill in the first column with as many of your qualities and preferences that you can think of. No detail is too small if it reflects something unique about you! Then, dig deep to try to explain why you possess that particular quality or preference, and write your ideas in the second column. It is possible that there are some things about you that just can't be explained; if that is the case, just leave the second column blank for that quality/preference.

[illegible]

[illegible]